



## May is Mental Health Awareness Month

May is Mental Health Awareness Month and has been observed in the U.S. since 1949. With ever changing work, school and social environments, we all must pull together to support each other. Take the time to build your community and seek the help you need and/or be the help that others need. [NAMI](#) is celebrating Mental Health Awareness Month with the More Than Enough campaign! “Together We Are More Than enough”

---

[See All Upcoming Events on the Website Calendar](#)

[See Past Events on our Houston Happenings Blog](#)

## Recordings of Past Events

Did you miss some of our recent professional development events? We have added two of the recordings to our website that you can watch at your convenience!

- [SWE Resume Writing Workshop Recording](#)
- [SWE-HA Women in Engineering Panel](#)

## Ballot for FY24 is Open until May 8th

A separate email was sent out to SWE-HA members. Make sure to vote today! [Meet the FY24 Candidates](#). If you have any questions, please contact Hope Weller at [nominations@houstonswe.org](mailto:nominations@houstonswe.org)

---

# Upcoming Events



## Cocktails & Clothing

Need advice for your professional wardrobe, work from home wardrobe, or just your for fun wardrobe?

Join Tootsies and SWE for an evening of networking, shopping, and cocktails.

**Date:** Thursday, May 4, 2023

**Time:** 5:30 to 7:00 pm

**Location:** Tootsies (2601 Westheimer Rd Houston, TX 77098)

**Price:** FREE

[Register for Cocktails & Clothing](#)



## SWE-HA Yoga in the Park

May is Mental Health Awareness Month. Join us as we relax and find our center while strengthening our body. Bring a towel and water, as well as a mat. The first 20 members to sign up get a free SWE vintage (yellow/green) yoga mat /w carrying bag! Join us for our May coffee event at Grizzaffi Coffee inside of the Discovery Green Park afterwards.

**Date:** Saturday, May 6, 2023

**Time:** 9:00 AM - 10:00 AM

**Location:** Hess Patio Deck, Discovery Green Park  
1500 McKinney St Houston, TX 77010

**Price:** FREE

[Register for Yoga in the Park](#)



## Networking Coffee - May

Join us for our May coffee + networking at the location of Grizzaffi Coffee inside of the Discovery Green Park. For this occurrence, the coffee follows the Yoga in the Park at Discovery Green Park also organized by SWE, so you can join both! The Grizzafi coffee stand is near the Lake House Restaurant and they share a seating area.

**Date:** Saturday, May 6, 2023

**Time:** 10:00 AM - 11:00 AM

**Location:** Grizzaffi Coffee, Discovery Green Park,  
1500 McKinney St, Houston, TX 77010

**Price:** FREE

[Register for Coffee + Networking](#)



## End of Year Celebration

Come Celebrate the End of the SWE-HA FY23 year. We want to appreciate all our members and volunteers whose hard work made this year a success! Brunch from 10am-12pm. Stay after for optional bowling from 12-1pm.

**Date:** Saturday, May 20, 2023

**Time:** 10:00 AM - 12:00 PM

**Location:** Pinstripes Houston, 3300 Kirby Dr, Unit 3A, Houston, TX 77098

**Price:** FREE for Members, \$30 for Non-Members  
Optional Bowling \$20

[Register for End of Year Celebration](#)

## Engineer to Executive Leadership Lessons at all Levels

Are you wondering how an engineer climbs the corporate ladder to become an executive? Join us for a moderated panel event with open Q&A, brunch, and networking! You will leave with valuable leadership lessons applicable at all levels.

**Date:** Saturday, June 10th, 2023

**Time:** 11:00AM - 1:00PM

**Location:** Pending (Inside the Loop)

**Price:** \$20 SWE-HA Member

\$25 Nonmember

\$10 Student

[Register for Executive Panel](#)

## Engineer to Executive

*Leadership Lessons at all Levels*

Join SWE-HA as we invite powerhouse panelists to share their stories and unique experiences during a moderated panel event.



**Mary Anne Breilinsky**

President  
ArcLight Infrastructure



**Melody Meyer**

Non-executive Director bp, AbbVie,  
NOV, EIC  
President - Melody Meyer Energy LLC  
President - Women with Energy LLC



**Christina Sistrunk**

Former CEO  
Aera Energy, LLC

Saturday, June 10th  
11am - 1pm

[See registration link for more details](#)



## SWE-HA Focus Groups

Join us in continual learning, sometimes venting, and always growing together! Each focus group will meet virtually for one hour once a month. We will not meet during holiday weeks. The groups have rolling, open enrollment throughout the year so it's never too late to join. See below the dates for each focus group's meeting schedule. [Read more on our website page](#)

- **Grit Academy** - Young Professionals
  - [Join our GRIT Academy WhatsApp Chat](#)
- **Engineering Moms** - Open to all
- **Sustainability** - Open to all

[Sign Up for a Focus Group](#)

**SWE-HA Sustainability Focus Group  
May Session**

**Topic:** Inflation Reduction Act and Carbon Sequestration

**Date:** Tuesday May 9th

**Time:** 7:00PM - 8:00PM

[Register for May Sustainability](#)



## Book Club - May

SWE-HA Members are invited to join us for our 5th book of the year. [The Other Einstein by Marie Benedict](#)

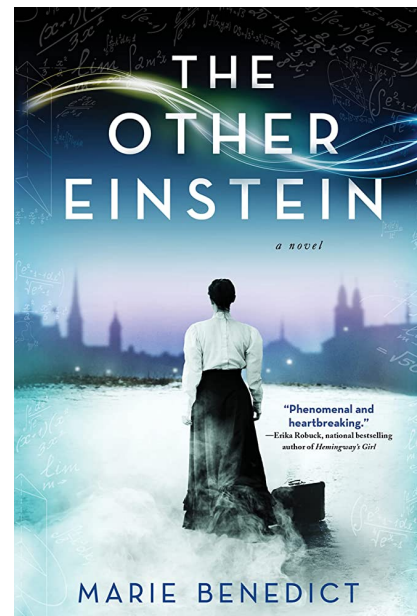
**Date 1:** Tuesday, May 16th, 2023  
@ 6:00 PM - 7:00 PM, Virtual

**Date 2:** Sunday, May 21st, 2023  
@ 7:00 PM - 8:00 PM, Virtual

**Price:** FREE SWE-HA Member Only Event

Questions? [contact Bethany, Book Club Chair, at bmillier@quiddity.com](#)

[Register for Book Club](#)



# Volunteer Opportunities

SWE-HA actively creates and participates in outreach events that support our mission to encourage young, bright ladies in pursuing a career in STEM. We always welcome volunteers who can help with scholarship committee/judging, STEM toy drive in November, girl scouts badge day, and many other events. Check out our [Outreach Website Page](#) for all our current opportunities. Events in the next two weeks are listed below. If you're interested in signing up for any of the events below or have any questions about the opportunities, please reach out to Katherine Hoerner at [vp\\_careerguidance@houstonewe.org](mailto:vp_careerguidance@houstonewe.org).

Visit our Outreach Website Page for All Volunteer Opportunities

## Divas, Daughters, and Drones

This BakerRipley Gulfon Learning Center event is for moms and daughters and they will learn about the future of flight, learn to fly a drone, and earn their recreational drone pilot's license!

They are looking for some volunteers to help assist with the event. Volunteers are asked to arrive at 08:00 am for set up and stay until 03:00 pm to help with clean up, but shifts are available if you are only able to commit to part of the event. Please contact Carie-Anne Simmons at [csimmons1@bakerripley.org](mailto:csimmons1@bakerripley.org) and let her know you are a member of SWE-HA if you are interested in signing up! Volunteer registration is expected to close on April 21st.

**Date:** Saturday, May 6, 2023

**Time:** 10:00 AM - 2:00 PM

**Location:** BakerRipley - Gulfon Sharpstown (6500 Rookin Street | Houston, TX)

techbridge girls  
A 3D DRONE EVENT

# Divas, Daughters, and Drones

Learn how to become a Recreational Drone Pilot!

Explore adventures with Unmanned Aerial Vehicles (UAVs), better known as Drones.

- FAA Recreational Pilot rules
- Obtain a Recreational Pilot Certificate
- Drone safety protocols
- Practice Drone flight
- Drone

Saturday, May 6, 2023 | 10:00 am - 2:00 pm  
BakerRipley - Gulfon Sharpstown  
6500 Rookin Street | Houston, TX

REGISTRATION REQUIRED

Space City Center of Excellence for Advanced As Members

BakerRipley

CompuDopt

A FREE STEM event focusing on Parent Engagement among Women and girls.

Please contact Carie-Anne Simmons at [csimmons1@bakerripley.org](mailto:csimmons1@bakerripley.org) and let her know you are a member of SWE-HA if you are interested in signing up! Volunteer registration is expected to close on April 21st.



## Think Like an Engineer Badge Day - Brownie Badge

[Read about our recent Girl Scout Volunteer Event](#)

## Job Posting: Chemours

Chemours has multiple job openings at their La Porte Site!

- [Chemical Process Engineer – JR10258](#)
- [Electrical and Instrumentation Engineer – JR9994](#)
- [Senior Environmental Resource – JR10137](#)
- [Reliability Engineer – Electrical & Instrumentation – JR9920](#)
- [Production Leader – JR9919](#)



**AIR PRODUCTS**

# HIRING EVENT

16945 Northchase Dr, Houston, TX 77060

May 2nd & 3rd 9:00am-5:00pm

**We are Hiring for:**

<b>May 2nd</b> <ul style="list-style-type: none"><li>• Process Controls Engineer</li><li>• Instrumentation Designer</li><li>• Electrical Engineer</li><li>• Electrical Designer</li></ul>	<b>May 3rd</b> <ul style="list-style-type: none"><li>• Process Engineer</li><li>• Project Engineering Manager</li><li>• Structural Engineer</li></ul>
---	---

[airproducts.com/careers](http://airproducts.com/careers)

Register Here!



May 2nd



May 3rd

# CALL FOR FY23 CHAIR AND COMMITTEE VOLUNTEERS

## Interested in getting more involved this year?

Fill out this survey to let us know that you'd like to join a SWE-HA FY23 committee or take on a committee chair role! [See our Organization Chart for Chair & Committee Positions.](#)

Feel free to reach out to the respective FY23 Executive Board Member to learn more.

[Fill Out Interest Survey](#)

**Professional Development  
Speaker Opportunities**



Are you interested in being a speaker or know someone who would be a great speaker for one of our Professional Development events?

Fill out the form below to be added to our speaker database.

[Speaker Interest Form](#)

If you have any questions regarding SWE-HA professional development (PD), please contact us at [professional\\_development@houstonwe.org](mailto:professional_development@houstonwe.org).

# Partner Organizations

## SPE Spring 2023 Hiring Event

The Society of Petroleum Engineers – Gulf Coast Section (SPE-GCS) is pleased to inform you that it is organizing the **12th** semi-annual Energy Professionals Hiring Event for professionals of energy and upstream oil & gas disciplines. The Spring 2023 Hiring Event will be held face-to-face on **May 4, 2023**. As a collaborating professional society, SWE-HA members are able to participate as job seekers.

**Date:** May 4th, 2023

**Time:** 9:00 AM - 3:00 PM

**Location:** Day 4 of Offshore Technology Conference

**Price:** FREE

[Register Here](#)



Society of Women Engineers - Houston Area Section | P.O. Box 1355, Houston, TX 77251

[Unsubscribe treasurer@swehouston.org](mailto:unsubscribe_treasurer@swehouston.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by [secretary@houstonwe.org](mailto:secretary@houstonwe.org) powered by



Try email marketing for free today!